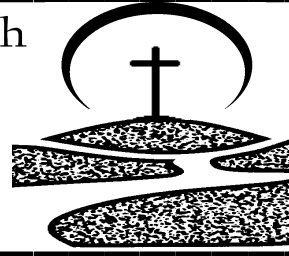


Poughkeepsie United Methodist Church

# The Journey



May 2009



Greetings in Christ Jesus our Lord,

From the Pastor

What a magnificent Easter Sunday we had! For the first time in a couple of years Easter Sunday was in April and although it was a bit cold it was sunny, some of the spring flowers were out, and the weather was cooperative so that we could have the egg hunt outside. The Voices In Praise and Chancel Choir did a superb job with the music and the services were wonderful (at least that is what I am told). It was a great day of celebration!

I wonder if that was what it was like the first Easter? After getting over the shock of the resurrection did those first followers of Jesus have a wonderful time of celebrating? We do know that according to the scriptures Jesus stayed with the disciples 50 days before ascending into heaven. Those days must have been

filled with great joy as they experienced Jesus' presence with them. But those days would end and they would return to living with the knowledge of the life and love of Jesus. True, the 12 Apostles would follow a call into a unique life but the other disciples who followed would return to life as usual.

This is part of the issue of Easter. Is it one day out of the year? I think not! I do believe that we need to embrace the changes that Easter brings and allow the message of Easter morning to be one that is not just one Sunday out of the year but every day of the year. For like the song says, "Every Morning is Easter Morning From Now On!"

Happy Easter,  
In Christ's Service,

Pastor Bob



From the Editor

It looks like we did it! From most accounts the emailing of the Journey was a success. It didn't go perfectly, but hopefully the majority of the problems have been solved and this month will go more smoothly. This month you should have received either the email version OR the print version. If you received both or the wrong one please contact me, Karyn Millham, at [trinarosem@aol.com](mailto:trinarosem@aol.com) or by phone at 471-1396.



**Please pray this month for our members:** Barbara Bates, Joy Beurket, Catherine Carroll, Tyler Carroll, Joan Cassidy, Janet Croushore, Carl Davidson, Margarete Dillinger, Eric Eichenhofer, Pam Harris, Marilyn Headly, Dana Jones, Danny Jones, Ed and Mary Stoll, Phyllis and Bob Wagner.

**Please keep friends of our church in your prayers:** Kelvin Arden, Gail Barnes, Shirley Corder, Ruth Hathaway, Rich Koretsky, Lorraine Lingad, Lynne Malone, Ruth Moore, Hans Mueller. To renew names on the prayer lists, call the Church Office (452-2933)

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*Thank You!*

The Discipleship committee would like to thank each of the members who contributed a devotion for our Lenten Devotional. Our sincere thanks go out to Barbara Tryon, for all of her hard work in pulling the devotionals together, and to Tony Kryzwycki for the beautiful cover design. We hope that you were blessed in reading them!

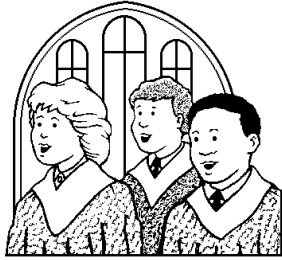
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**Doris Anderson**, a member of the church, passed away on April 17. Our deepest sympathy to all who knew her.

We send our regrets to the family and friends of **Irene Montross**, who died on April 15. She was a member of the church.

**Barbara Varusso** passed away on April 21. She was the mother of Lauren Varusso and Lisa Bellino. Our condolences to her friends and family.



From the Organ  
Bench

"CHRIST IS  
RISEN! HE IS  
RISEN  
INDEED"

These words from Pastor Bob on Easter Sunday are still ringing in my ears. What a wonderful Easter this was, and these words will follow us through the next month-and, I pray, beyond. There was definitely a spirit flowing in the worshipers on Easter. The music, the words, the people-all echoing the message of Easter. Please take time to thank the Chancel Choir and Pastor Bob for leading us in worship on this very special day! I invite all of you to continue to worship in the Easter spirit as we celebrate the seven Sundays of Easter (yes, seven!).

There are several special events planned for PUMC-on the 17th our youth will lead us in worship-always an exciting service. On the 31st, Pentecost, the American Guild of Organists will present their annual Member's Rectal in our sanctuary (2:00pm-free to all!) . On behalf of the Chancel Choir, I thank the congregation for all the comments and support of their musical presentations. This group works especially hard to make your worship meaningful and inspirational. To Gretchen Gould, our composer in residence, our thanks for all her wonderful compositions! To Kathy Borchert, Lauren Varuzzo, and Debbie Carrier, our thanks for your accompaniments! Bravo to all for a superb Lenten and Easter season of music!!!!

Polly James, Organist and Choir Director



Community Bible Study Sign-ups for the FALL session of Community Bible Study (CBS) are taking place. CBS is an inter-denominational women's Bible Study that meets on Thursday mornings from 9:30 to 11:30 a.m. during the school year. New Beginnings Church on DeGarmo Road hosts the study. A wonderful, wonderful Children's Program and infant care is provided. It's like Vacation Bible School every Thursday. Grandmoms can bring their little ones with them. The cost is approximately \$25.00 for the year. The group plans to study the

book of Revelation beginning in September. They need a certain number for the study to take place. So if you are interested please sign up by letting Frances Thompson-Gee know of your interest. There is no financial commitment at this time. I have been part of the study this year and have thoroughly enjoyed it. It is straight forward, quality Bible study that is appropriate for all levels. I have enjoyed meeting other Christian women in the area and sharing life with them and learning lots, too. Talk to me for more information. Frances Thompson-Gee (462-2468, FranT-Gee@aol.com)

## **PUMC "Seeds of Strength" Fundraiser**

PUMC is growing a garden this summer!! You may recall from our "all church" meeting in February that a priority for PUMC this year is to build a cash reserve for the church which will prevent future cash flow issues. Why do we need a cash reserve? In the first several months of the year, heating expenses are at their peak. Even though operating under a balanced budget, the church brings in less than it spends during this time period. The cash reserve is used to cover these additional expenses. PUMC requires a cash reserve of about \$33,000 to cover its winter operating expenses. Because the money borrowed from the reserve to pay seasonal expenses is replenished as pledges come in throughout the remainder of the year, building up the cash reserve is a one-time effort, not something that has to be done each year.

So we need to raise money for our cash reserve, but there's no reason we can't do this in a celebratory and joyful way. God has richly blessed us here at PUMC, so instead of talking about cash reserves, we're going to use the strength of the love and joy that we have in our church to grow a flower garden! Through the spring and summer we'll be running a fundraising program called "Seeds of Strength" where congregants will be invited to sponsor seeds (these are \*spiritual\* seeds, not real ones!) for a dollar apiece. As contributions are made, we'll be able to track our progress by watching a flower garden bloom on the glass doors of Fel-

lowship Hall. It is our hope that by the end of the summer, we'll have a huge and flourishing garden painted on those doors, as well as smaller painted gardens blooming on the side doors of our narthex. Our goal is to sponsor 30,000 seeds. You're probably going "30,000!", but in a moment we'll give you ways that we think we can make this happen!

First, let us tell you what this is not. It is NOT backfill for this year's budget. Our budget is balanced. And this is NOT a pledge drive. Contributions are strictly voluntary, totally random in terms of when and how much, and should not be in place of a regular pledge contribution. We promise to do our best to keep the joy and excitement going without wearing you out.

So how will this work? The idea is easy. Throughout our 6-month growing seasons of spring and summer, there will be special seed envelopes around PUMC. You may use these envelopes to make contributions to our "Seeds of Strength" program as often as you would like. When you want to make a donation, just drop off your envelope in the main office, or place it in the collection plate. Of course if you don't have a special envelope, please feel free to use a regular one and just write "Seeds" or "SOS" on it, along with your name.

What makes us think we can accomplish this? Well, for starters we've modeled our "Seeds of Strength" program off of a similar and successful program done at another church with very

similar demographics. Second, like the parable of the seeds, we believe that PUMC has wonderful fertile soil to grow these seeds, and like the mustard seed, we have great faith that can yield big results. Third, we want this to be a celebratory fundraiser, and we know that we have much to celebrate. And finally, we have already "seeded" our program with gifts of \$1000 each from the Community Nursery School and the Friendship Circle. So we are off to a great start already!

Finally, let us plant some seeds of our own as to ways you might find to contribute:

- **Blessings:** Celebrating grandma's 90th birthday! A new baby or grandbaby! A bonus at work! An anniversary! Honoring the memory of a cherished loved one.

- **Found money:** Birthday money. Christmas money. Laundry money. Money on the street. The yens that you brought home from a business trip to Japan 10 years ago! That coin jar that you accumulate change in but never empty.

- **Sacrifices:** You could have gone out but ate in so you could buy a few seeds instead. Soda can refunds. Savings from clipping coupons. You took a smaller vacation.

- **Guilt:** You could have eaten in but went out instead!

- **Kids:** Extra chores for seeds. Collecting soda cans. Have a lemonade stand! Or a bake sale!

- **Celebrate each day:** Perhaps consider purchasing a seed a day as a recognition of the joy that Jesus brings to each day of your life. Or keep a "joy jar" on the table at home where family members can share their daily joys at dinner time. Hang a seed envelope on your fridge or mirror as a regular daily reminder!

Hopefully you get the idea and can come up with some creative ones of your own! It is our hope that, day by day, as you see God's hand in the trees budding or the flowers blooming or the special presence of a loved one or in someone's random act of kindness, that you might be reminded of our "Seeds of Strength" celebration. And please feel free, as you make a contribution, to share the story behind it. We would love to highlight some of the gifts and blessings that are making our garden grow.

If you have any questions, please don't hesitate to talk to Patty Little, Curtis Vinson, Carla Vinson, Dale Borchert, Gerianne Hoernes, or Pastor Bob.

Wanna go to Burundi? Well, not actually. But you can be supportive prayerfully, emotionally and financially of our PUMC Team of Bridget Marrine, Alicia Thompson-Gee and Justin Thompson-Gee who will go to Burundi, Africa June 4-27, 2009 for a three week mission trip. We will be living with and serving with Rebecca and Paul Mosley, former PUMCers, and enjoying their children Oren and David. We will assist with different missions that the Mosleys are involved with through the Mennonite Central Committee. The cost is \$2500.00 per person, the majority of which is plane fare. We are attempting to raise \$7500.00 for this mission trip. Any extra funds will be given to the Mosley's ministry. The tickets are bought, the plans have been made, and we're getting ready to go. Every little bit helps! Checks can be made to PUMC with "Burundi 2009" on the Memo Line and given to the church office. Please pray for us as we prepare spiritually, mentally and emotionally for this mission service. Due to customs and baggage limitations we won't be able to take much with us but we can your prayers and your financial gifts to them. It would help us to receive your donations by May 15<sup>th</sup>. For more info, contact Alicia, Bridget or Justin.

District Conference  
Saturday, May 9  
2:00 pm - 5:00 pm  
UMC of Mount Kisco

## Mother-Daughter Banquet

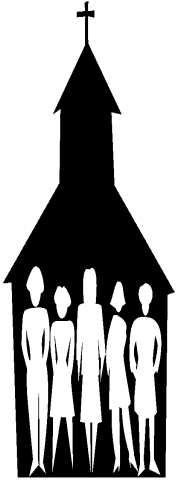
The Annual Wesley Circle Mother-Daughter Banquet will be held on Friday evening, May 15, at 6 pm. The magician, Mark Piggott, will entertain us after dinner. Tickets will be available after both services in Fellowship Hall on the following Sundays: April 26, May 3 and May 10. Ticket costs: Adults - \$10, Children ages 5 to 12 - \$3 and Children under 5 Free. Our Woman-of-the-Year will also be honored. Questions or info call Wanda Traver, 331-9989.

Hand to Mouth Weavers at Red Hook UMC needs neckties for their weaving project which will result in items to be sold to raise funds for the food pantry. If you are able to donate any ties simply give them to Pastor Bob.



## 35th ANNUAL ROSE DINNER

Open invitation to all to celebrate the 35th year of business at Second Hand Rose at a pot-luck dinner in Fellowship Hall, May 6, at 6 pm. Bring a dinner casserole, vegetable, or salad and RSVP to Kathy Timm at 462-5667.



# United Methodist Women

*\*\* Is there a program that interests you?? You are not obligated to remain for the business meeting. Each meeting begins with the program, followed by refreshments – then a business meeting. ( 7pm for Friendship Circle, 1 pm for Wesley Circle ) Everyone is welcome!*

Friendship Circle Wednesday May 20 7:00pm PUMC Lounge  
Program: John and Cynthia Vergilli will share their testimony of how the Lord led them to open the historic Joseph Horton House c.1752. John, a professional performer, will also bless us with a few of his favorite hymns. All are welcome to attend. The outreach for this month will be for Hospice. Please, bring items appropriate for filling gift baskets such as snack packs, chocolates, medium size lotions, nail polish etc. Circle president is Anne Christmas at (914)-474-3438.

Women's Day Out - May 27 - Please reserve the day. We will be touring locally. Please watch the Sunday bulletin for reservation information.

Wesley Circle - May 27 - no meeting, we will attend Day Out activities

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## Sunday School Mission Project

This year the PUMC Sunday school will be raising money for a Hope School Health Fund. The Hope School is a school that is very close to where Rebecca and Paul Mosley are in Barundi. It mainly services the local Batwa children. One of the teachers there has started a project to assist with health care for the children. This includes one dollar clinic visits, five dollars for transportation to the hospital, or malaria medication. This is a wonderful, very personal way for our children to help make the world a better place. Contact Marcy Conners for more information.

## Summer Sermon Series

I recently read the book "The Shack"; actually I should say I listened to it as an audio book—twice! The book brings up a lot of issues about God's nature, good and evil, the trinity, justice, the world and other issues as well. I am considering using it as the basis for my Summer Sermon Series. I hope to also do a book study on "The Shack" even if I don't use it as the basis for the Summer Sermon Series. Let me know what you think.

Pastor Bob

## May Calendar

### Friday, May 1

11:00 am Bible Study  
7:00 pm TGIF

### Saturday, May 2

8:30 am Men's Breakfast  
2:00 pm W.O.W.

### Sunday, May 3

6:00 pm Youth Fellowship

### Monday, May 4

7:00 pm Bible Study  
7:00 pm Visitation

### Tuesday, May 5

9:00 am Bible Study  
7:00 pm Trustees

### Wednesday, May 6

7:30 am Prayers  
6:00 pm 2nd Hand Rose  
Din.  
6:30 pm Disciple Bible  
Study  
7:15 pm VIP's

### Thursday, May 7

3:00 pm Collate Bulletin  
7:00 pm Choir

### Friday, May 8

11:00 am Bible Study  
7:00 pm Pizza Praise &  
Pray

### Saturday, May 9

8:30 am Men's Breakfast

### Sunday, May 10

6:00 pm Youth Fellowship

### Monday, May 11

4:00 pm SHR Giving Cmmt  
7:00 pm Bible Study

### Tuesday, May 12

9:00 am Bible Study

### Wednesday, May 13

7:30 am Prayers  
6:30 Disciple Bible Study.  
7:15 pm VIP's

### Thursday, May 14

9:30 Christian Mom's  
3:00 pm Collate Bulletin  
7:00 pm Choir

### Friday, May 15

11:00 am Bible Study  
5:00 pm Mother/Daughter

### Saturday, May 16

8:30 am Men's Breakfast

### Sunday, May 17

Youth Service

### Monday, May 18

7:00 pm Bible Study

### Tuesday, May 19

9:00 am Bible Study

### Wednesday, May 20

7:30 am Prayers  
6:30 pm Disciple Bible  
Study  
7:00 pm Friendship Circle  
7:15 pm VIP's

### Thursday, May 21

3:00 pm Collate Bulletin  
7:00 pm Choir

### Friday, May 22

8:00 am Collate Journey  
11:00 am Bible Study

### Saturday, May 23

8:30 am Men's Breakfast

### Sunday, May 24

6:00 pm Youth Fellowship

### Monday, May 25

Memorial Day-office closed

### Tuesday, May 26

9:00 am Bible Study

### Wednesday, May 27

7:30 am Prayers  
6:30 Disciple Bible Study.  
7:15 pm VIP's

### Thursday, May 28

9:30 Christian Mom's  
3:00 pm Collate Bulletin  
7:00 pm Choir

### Friday, May 29

11:00 am Bible Study

### Saturday, May 30

8:00 am Highway Cleanup  
8:30 am Men's Breakfast

### Sunday, May 31

Children's Day  
6:00 pm Youth Fellowship



## Youth News!

Time is ticking away, and before we know it, the Youth Service will be upon us! Needless to say that there has been much excitement and enthusiasm as we gear up to lead both services on May 17<sup>th</sup>. We just enjoyed the all-night Lock-in and I'm surprised us adults made it out alive! We had a blast though. We got to hang out, practice for the Youth Service, and our deepest desire is to keep the focus on Jesus.

We're also gearing up for our mission trips through our team meetings and encouraging youth to serve and take ownership through fundraising. One of our youth has initiated running a Band showcase fundraiser in June.

PUMC youth and adults got involved in the Special Olympics and we're really proud of the ways in which you showed the love of Christ in action! Also, some of our youth wrote amazing Lenten devotionals that inspired us all.

Thank you to all of our church family and beyond who have supported our youth in many different ways! Some through the supporting or running the fundraisers (such as Debbie Foy, Beth Roth and Terri Rath), others through prayer (such as the United Methodist Women), and others through serving them (the Cooks for Christ make sure we're always well-fed)! We're especially thankful to our wonderful youth leadership team, who give of their time, effort and love every week.

Sunday, May 3rd	6:00-8:00pm	Youth Fellowship Night
Wednesday, May 6 <sup>th</sup>	5:00-7:00pm	Service opportunity for youth: 2 <sup>nd</sup> Hand Rose Dinner
Sunday, May 10th	6:00-8:00pm	Mother's Day - Movie Night
Saturday, May 16th	5:00-8:00pm	Youth Service Rehearsal
Sunday, May 17 <sup>th</sup>	8:30am and 10:45am	<b>Youth Service</b>  <b>NO Youth Fellowship meeting</b> Hopewell Reformed Youth -"Big Worship" - PUMC youth are invited to attend
Sunday, May 24th	6:00-8:00pm	Youth Fellowship Night
Sunday, May 31st	4:00-6:00pm 6:00-8:00pm	Mexico Meeting Youth Fellowship Night



Derrick Rushing has been our full time custodian for over a year now. He has a wife and three kids, one brand new! He is well liked by the Church and Nursery School staffs. He keeps our facilities spic and span while having a very friendly smile. I believe Derrick has exceeded all expectations and is a pleasant person to be around. Take a minute the next time you see him at the Church during the week and say Hi. Do not be surprised if he says hello Brother or Sister and gives you a friendly smile. God has given us a true blessing in Derrick, thank God for all blessings.

### **Biloxi Bound!**

PUMC will be sending an 8-member team to Biloxi the week of June 1st. While no donations are needed, we do request your prayerful support for the safety and success of the team, and for the people of Biloxi. If you would be interested in helping drive the team to the airport on Saturday morning, May 30th or from the airport on Saturday afternoon, June 6th, please contact Patty Little at 462-7421 or [plittle@us.ibm.com](mailto:plittle@us.ibm.com).



Vacation Bible School-  
**CROCODILE DOCK**  
July 13 - 17, 2009  
9:00 am - 12:00 pm  
Poughkeepsie United Methodist  
Church

Our Vacation Bible School is open to children ages 4 though 5th grade. We are always looking for adult volunteers, as well as youth (6th - 12th grade) who would like to help out. Also, there is a list of supplies that we will need on the bulletin board outside of fellowship hall. On Friday, July 17 the children will put on a presentation of all the wonderful songs they learn over the week, as well a potluck picnic lunch.

Contact Marcy Conners (452-2933) to sign up or for more information.



## Notes on Praise

If you attend our 8:30 AM Sunday service, you may have seen the letters CCLI displayed on the screen with our worship lyrics. “Christian Copyright Licensing International (CCLI) was established in 1988 to provide churches with simple, affordable solutions to complex copyright issues. CCLI helps churches maintain their integrity and avoid costly lawsuits, while also giving churches the freedom to worship expressively and spontaneously.” PUMC pays a reasonable yearly fee to allow us the privilege of duplicating the lyrics and music covered by our license for our worship use. This privilege comes with certain terms and conditions which we strive to honor to the best of our ability.

If you or your committee or organization are planning an event where song lyrics or music needs to be duplicated, electronically or otherwise, please contact me for information regarding compliance with our license terms and conditions. I serve as the CCLI administrator for PUMC and can supply you with a copy of the terms and conditions, and help you to honor our commitment to integrity in this area.

The CCLI license insures that each artist is paid the proper royalties for

the use of their compositions. In other words, just as we would want to be paid fairly for our employment, we want to be sure those whose music we gratefully use are paid fairly for their work.

VIP will be moving to our summer schedule very soon. We will not have mid-week rehearsals, but we still lead worship each Sunday throughout the summer months, rehearsing before service. We continue to welcome new singers who can stay reasonably on key, as well as instrumentalists with talent to share. Think about joining us for the summer months, when the time commitment is less.

Joyful Ringers does break for the summer months, but we will be happy to receive new members in the fall. Come with experience, or a desire to learn. Watch for our start-up date in September.

Please contact Anne at (845) 462-5582, or by email at [bobeep-beep@hotmail.com](mailto:bobeep-beep@hotmail.com) for information about any of these ministries.

Faithfully yours,

Anne Ciraulo  
Worship/Music Leader  
Handbell Director



HEALING  
PRAYER COR-  
NER  
MAY 2009

The Power of Prayer

James 5: 13-15

"Are any among you suffering? They should keep on praying about it.

Those who have reason to be thank-ful should continually sing praises to the Lord. Are any among you sick?

They should call for the elders of the church and have them pray over them. Anointing them with oil in the name of the Lord. Their prayer of-fered in faith will heal the sick."

Healing Prayer is available the First Sunday of the Month just after Holy Communion at both services. We try to have one team in the front of the sanctuary, one team in the back of the sanctuary and one team in a private setting in the Nursery School Room near the church office (there's a sign on the door). That team stays after the service. Please come!

Check the Sunday bulletin for other up and coming prayer times. As always, a team is just waiting for you to call the Church Office or Coordinator Frances Thompson-Gee (462-2468, FranTGee@aol.com) to set up an appointment for prayer. You won't be "bothering" us. We LOVE to pray and want to be "bothered", so come! Don't forget: There is now a Email Healing Prayer address. Send your prayer requests to healingprayer@pokumc.org and they will be prayed for. ALL prayers, in all settings, are kept strictly confidential.

I believe in healing prayer. In the last nine years I have been healed of cancer two times. Each time I was to have surgery, I sought out people for healing prayer and anointing with oil. Praise God I am cancer free now..

I have also sought healing prayer often for others in my family for physical healings, emotional healings and spiritual healings. I have witnessed what healing prayer can do.

Now I have studied more about healing prayer and I am now a part of our church's healing prayer team.

This month we hear from Sharon Eagan about her experience serving on the Healing Prayer Team:

My prayer for each member of our church is that he or she would come for healing prayer so that they could experience the powerful healing of God in their lives.

Sharon Eagan

Hi Everybody, it's Timothy,

I broke it. It was one of my mom's favorite knick-knacks and I broke it. I did not mean to do it. It was kind of sitting on the shelf and I was kicking a ball in the house. I know I am not supposed to do that but I thought, just once, and crash—the knickknack fell. First I tried to glue it back together but the Elmer's glue just would not hold it. Then I tried to hide the pieces thinking she would not miss. It worked for about a week but then she did miss it and she asked everyone in the family if they knew what happened but some how she knew it was me.

Has that ever happened to you? Have you ever done something you shouldn't have and tried to hide it but still got caught?

Pastor Bob told me most everyone has done that. And that even adults do it when they get older. Adults still try to hide the things they have done. But Pastor Bob said that even so there are always two people who do know, you and God. The best thing to do when you have done something wrong, whether you meant to or not, is to first tell God and then tell the person you hurt.

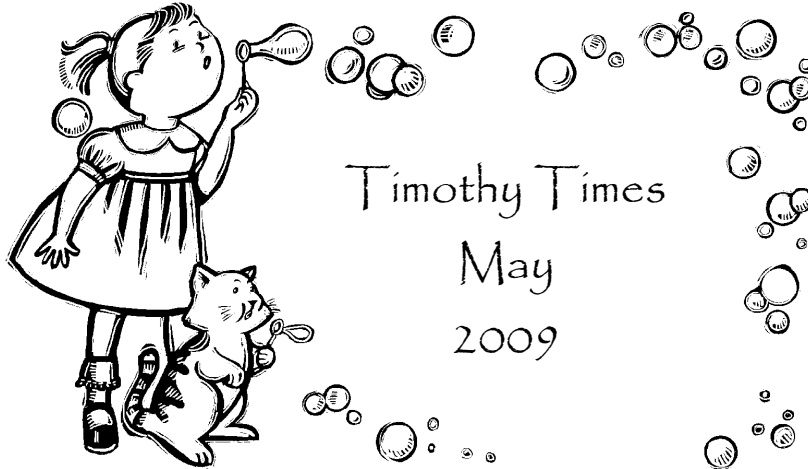
From now on I am going to take care of things right away. I can tell you that it was harder waiting to see if my mom would find out than it was if I had told her right away. The whole time I kept worrying and wondering and wondering and worrying. I could hardly sleep or enjoy my chocolate. All I can say is that from now on if something happens like this again I am going to get it taken care of right away. I hope you do too. And remember God loves you and so do I!

Love,  
Timothy

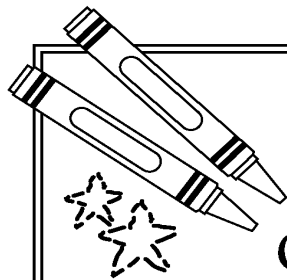


# MAY






Timothy Times  
May  
2009



# Just for KIDS

## God's Creation

In the spring we see God's creation coming alive again!  
Fill in the blanks below with the names of things that God created. Use the Scripture references to help if needed.

- |                     |   |   |
|---------------------|---|---|
| <u>G</u> _ _ _ _ _  | where vegetables grow<br><i>(Deuteronomy 11:10)</i>             |  |
| <u>O</u> _ _ _      | a tree to rest under <i>(1 Kings 13:14)</i>                     |   |
| <u>D</u> _ _ _ _    | when Mary went to the tomb<br><i>(Matthew 28:1)</i>             |   |
| <u>'S</u> _ _ _ _ _ | lights in the night sky <i>(Genesis 1:16)</i>                   |   |
| <u>C</u> _ _ _ _ _  | provided clothing for John the Baptist<br><i>(Matthew 3:4)</i>  |   |
| <u>R</u> _ _ _ _ _  | flowing water <i>(Matthew 3:6)</i>                              |   |
| <u>E</u> _ _ _ _    | name of a garden <i>(Genesis 2:8)</i>                           |   |
| <u>A</u> _ _ _ _    | the first man <i>(Genesis 2:20b)</i>                            |   |
| <u>T</u> _ _ _ _ _  | sound made by lightning <i>(Exodus 19:16)</i>                   |   |
| <u>I</u> _ _ _ _ _  | hopping, flying, crawling creatures<br><i>(Leviticus 11:20)</i> |   |
| <u>O</u> _ _ _      | a "wise" bird <i>(Psalm 102:6)</i>                              |   |
| <u>N</u> _ _ _ _ _  | begins at sunset <i>(Genesis 28:11)</i>                         |   |

Answers: garden; oak; dawn; stars; camel; river; Eden; Adam; thunder; insects; owl; night.

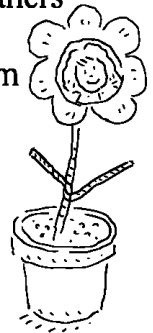
Make a

## photo Flower

for someone you love

You will need:

- \* colored construction paper
- \* 2 green pipe cleaners
- \* small flower pot
- \* green florist foam (to fit in pot)
- \* scissors
- \* tape
- \* glue
- \* a photo of you!



How to make it:

- \* Cut out your face from the photo. Make it a circle about 1-1/2" round.
- \* Fold a piece of colored paper in half and cut out 2 flower shapes.
- \* Glue your round photo in the center of one flower.
- \* Make a stem by folding a pipe cleaner in half and twisting it to make it stronger.
- \* Glue or tape the "stem" to the back of the flower that has your picture.
- \* Glue the other flower to the back of the first one. Make sure the "stem" is in between and sticks out from the bottom.
- \* Cut the other pipe cleaner in half to make leaves and then attach them to the "stem."
- \* Put the green foam in the pot.
- \* Plant your flower in the foam.
- \* Give the flower pot to someone you love.

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Poughkeepsie United Methodist Church  
2381 New Hackensack Road  
Poughkeepsie, NY 12603-4260  
(845)452-2933      FAX (845)452-3103

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The Journey Deadline for June is **May 13, 2009**

Phone Number: 845-452-2933

E-mail Address: [office@pokumc.org](mailto:office@pokumc.org)

Newsletter E-Mail Address: [trinarosem@aol.com](mailto:trinarosem@aol.com)

Web site Address: [www.pokumc.org](http://www.pokumc.org)

Robert Thompson-Gee, Pastor

Martha Morrison, Pastor of Visitation

Jeff and Katie Sanchez, Directors of Youth

Marcy Conners, Director of Children's Ministry

Polly James, Music Director, Organist

Anne Ciraulo, Worship-Music Leader

Karyn Millham, Editor, Newsletter