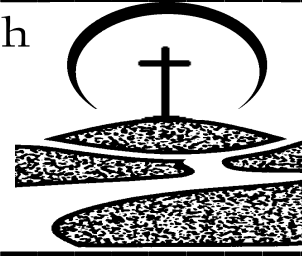


Poughkeepsie United Methodist Church

# The Journey



June 2009



Greetings in Christ Jesus our Lord,

*"You know well enough how the wind blows this way and that. You hear it rustling through the trees, but you have no idea where it comes from or where it's headed next."*

John 3:8

The winds have been blowing a lot these last few months; in fact sometimes I've felt like we are in the middle of a wind storm. The winds that I talk about are the winds of the world—winds that toss us and turn us, winds that blind our eyes and whip our hair. Yet the wind that John speaks of in this verse is the exact opposite. It refers to the winds of God. Although these winds are just as penetrating and at times difficult to track they are winds that are here to lead, guide, direct and show us the way of our God. The Spirit is, and perhaps will always be, the more difficult aspect of the Trinity to nail down. To use our traditional understanding, Jesus is our friend, savior, redeemer, brother, etc. The Father is our creator, source, foundation, etc. The Spirit is often elusive. In some ways I like that. It reminds me that as comforting as "knowing who God is" we fool ourselves if we really think that we can define God.

But what does that mean in the day by day? For me it means that God can and will always be able to match the changing winds of this world. That God is the God of my life not only through childhood and adolescence but throughout my entire life. That God who was portrayed so vividly in the lives of our youth during May's Youth Sunday is just as vibrant in the lives of their parents and our elders. Our God can meet help meet any challenge, answer any question and face any circumstance for our God is a Spirit and blows where it will.

Our God will also indwell us with his Spirit. This is the promise Jesus fulfilled at Pentecost not just for those followers then but for us now. As those who know Jesus we are people of Spirit. John 3:8 continues *"That's the way it is with everyone 'born from above' by the wind of God, the Spirit of God."*

Yes, there are the winds of change and challenge in this world but the wind of the Spirit, our Spirit can more than meet them. Let us then blow as God directs.

In Christ's Service,

Pastor Bob

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Lorraine sent this note prior to her death:

*Thank You!*

I have enjoyed more than twenty years as your church secretary, first at Trinity and now at PUMC. The many friendships over the years have been most pleasurable and your confidence is appreciated. More gratifying though has been the multitude of expressions of love and offerings of prayers on my behalf during this time of need

Lorraine Lingad



**Please pray this month for our members:** Alan Arnfield, David Arnfield, Barbara Bates, John Beck, Joy Beurket, Catherine Carroll, Tyler Carroll, Joan Cassidy, Janet Croushore, Carl Davidson, Margarett Dillinger, Myra Dyer, Eric Eichenhofer, Pam Harris, Marilyn Heady, Dana Jones, Danny Jones, Joe Olah, Paul Smith, Mary Stoll, Phyllis and Bob Wagner.

Please keep friends of our church in your prayers: Kelvin Arden, Gail Barnes, Shirley Corder, Ruth Hathaway, Rich Koretsky, Lorraine Lingad, Lynne Malone, Ruth Moore, Hans Mueller. To renew names on the prayer lists, call the Church Office (452-2933) by the third Sunday of each month.

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This month the SPR Committee would like to highlight Joe Olah for his hard work and dedication as our PUMC Bookkeeper. Although his work is "behind the scenes," it requires a special kind of knowledge and perseverance. It is a job that is especially challenging during times of financial difficulty, and we appreciate having such a dedicated person keeping our books. If you see Joe, please take the opportunity to thank him for his expertise and service to our church community.

"The Mexico Mission Team would like to thank all those who contributed to our recycling program. At this time, we will no longer be collecting items. The project has become too involved as to what items are acceptable versus those that are not. Thank you again to everyone who has continued to show their support for our mission trip!"

The SPR Committee

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**Edward Bierce**, Ray Bierce's brother, passed away on April 21. Our thoughts are with Ray and his family.

Long time church member **Sarah Relyea** died on April 24. Many prayers for the many lives she has touched.

**Sarah E. Stamper** passed away in April 24. Our deepest sympathy to her family and friends.

We send our regrets to all who knew **Edwin J. Stoll**, a member of the church. He died on April 26.

**Grover Cleaveland**, the cousin of church member Wanda Traver, passed away on April 29. Our prayers are with his entire family.

Longtime church secretary **Lorraine E. Lingad** died on April 29. Her presence will be greatly missed by the entire church family.

**Marion A. Rogler**, a member of the church, passed away on May 7. Our condolences to her friends and family.

## June Calendar

### **Tues. June 2**

9:00 am Bible Study  
7:00 pm Trustees

### **Wed. June 3**

7:30 am Prayers

### **Thurs. June 4**

3:00 pm Collate Bulletin  
7:00 pm Choir

### **Fri. June 5**

11:00 am Bible Study  
7:00 pm TGIF

### **Sat. June 6**

8:00 am Flea Market  
8:30 am Men's Bkft

### **Sun. June 7**

6:00 pm Youth Fellowship

### **Mon. June 8**

4:00 pm 2nd HR Giving

### **Tues. June 9**

9:00 am Bible Study  
7:00 pm Edu Comm  
7:00 pm Worship  
8:00 pm Program Council

### **Wed. June 10**

7:30 am Prayers

### **Thurs. June 11**

3:00 pm Collate Bulletin  
7:00 pm Choir

### **Fri. June 12**

11:00 am Bible Study

### **Sat. June 13**

8:30 am Men's Bkft

### **Sun. June 14**

12:30 Youth Picnic

### **Tues. June 16**

9:00 am Bible Study

### **Wed. June 17**

7:30 am Prayers  
7:00 pm Friendship Cir

### **Thurs. June 18**

3:00 pm Collate Bulletin  
7:00 pm Choir

### **Fri. June 19**

11:00 am Bible Study

### **Sat. June 20**

8:30 am Men's Bkft  
6:00 pm Youth Concert

### **Sun. June 21**

6:00 pm Youth Fellowship

### **Tues. June 23**

9:00 am Bible Study

### **Wed. June 24**

7:30 am Prayers

### **Thurs. June 25**

3:00 pm Collate Bulletin  
7:00 pm Choir

### **Fri. June 26**

11:00 am Bible Study

### **Sat. June 27**

8:30 am Men's Bkft

### **Sun. June 28**

6:00 pm Youth Fellowship

### **Tues. June 30**

9:00 am Bible Study



### FROM THE ORGAN BENCH GREETINGS IN THIS PENTECOST SEASON!

This season of joy is also marked by the end of a VERY busy time for the Chancel Choir. A much deserved rest is awaiting them during July and August. So it is very important to express your thanks for their dedication to leading you, the congregation, in worship on Sundays and special occasions. They will return to the chancel area in September. With that in mind, I would ask for anyone who has a special music talent to contact me. You can sing or play an instrument, or join with friends to present something during the offering. **THINK AND PRAY ABOUT IT!** During June the choir will be presenting some favorite anthems, including by special request, an anthem usually heard on Palm Sunday, but appropriate for any time-The Holy City. The Choir wishes all of you a blessed, peace-filled summer. If you wish to join us in September, check out The Journey for our first rehearsal. There is room for many more!!

In Christ's Service,  
Polly James



### Youth news:

The month of May has brought on much blossoming in the lives of our youth! We got to witness them worship

through the arts, share their stories with us about what God has done in their lives and challenge our church to continue serving the Lord with passion at the Youth Services (May 17). We also saw them put their words in to action by serving at the 2nd Hand Rose Dinner.

It's an exciting time for our youth as they gear up for graduation and the summer missions trips! Please pray for our youth that they may continue to walk in God's ways, growing in knowledge and love for Jesus and for the hurt-

ing world around us. Even though the school year is coming to an end, there are many new beginnings ahead as we look to God's will for the next year. We believe God is raising up leaders among our young people to make a real impact for His Kingdom at home, at school and in their communities!

Thank you for the many ways in which you as our church family have continued to invest in the lives of our youth. Some of the ways in which you've done this are through the Mission Stock Sale, the many donations we've received for the Flea Market and the love and encouraging words you've shared with our youth. We couldn't do it all without you!

God bless you,

Katie & Jeff Sanchez

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### Upcoming events:

June 6 - Saturday, 8am-4pm - **Flea Market**

Featuring Breakfast & Lunch Cafe, Car Wash, Rummage Sale & Vendors  
All donations go to support summer missions teams!

June 7 - 4-6pm - **Mexico meeting**  
- 6-8pm - **Youth Fellowship**

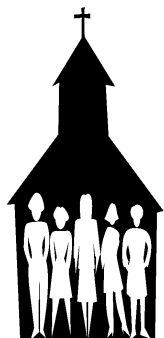
June 14 - Sunday, 12-3pm - **End of Year Youth Picnic**  
(No Youth Fellowship until September 2009)

June 20 - Saturday, 7-10pm - **Fuel The Fire:** Local youth band showcase featuring Killscreen.

Alternative rock. \$7 pre-sale, \$8 at the door.

## IT'S AN OPPORTUNITY, NOT AN OBLIGATION

Our church supports a wide range of mission work. We volunteer our time at places like Second Hand Rose, Harriet Tubman, the Homeless Shelter, etc. We pray for our missions, missionaries and mission work. We encourage our youth and children to support this mission work by their giving and going. We donate cloths, food, linens, etc. We also financial support these endeavors as well as those who are part of them. This support, whether of time, talent, prayer or finances should always be seen as an opportunity not an obligation.



# United Methodist Women

*\*\* Is there a program that interests you?? You are not obligated to remain for the business meeting. Each meeting begins with the program, followed by refreshments – then a business meeting. ( 7pm for Friendship Circle, 1 pm for Wesley Circle ) Everyone is welcome!*

Friendship Circle Wednesday June 17 6:00pm PUMC FH

All women of the church are invited to join us for our annual “Pot Luck Indoor Picnic”. If you have any questions about the picnic, please contact program chair, Carla Vinson (849 – 1706) or circle President Anne Christmas (914) 474-3438.

Wesley Circle Wednesday June 24 12:30pm Southside Cafe

We're going out to lunch!! Come and celebrate the arrival of summer with us. All women are invited. Southside Café is on Route 9 in the Hudson Plaza (Price Chopper side - near the north end). It is open menu! For directions and reservation please call Gladys Bierce (463-6143).

Frances Thompson-Gee was honored as the “Woman of the Year” at our annual Mother/Daughter Dinner on May 13. Frances has been such a resource for our PUMC. She has chaired fund-raising dinners, helped with youth events, taught adult Christian education classes, organized women’s retreats and lovely teas, founded WOW (Women of the Word), teaches evening Bible study, completed her courses as UMC Lay Speaker, caregiver for Pastor Bob, Alicia and Justin and now Executive Director of LOVE, INC. Isn’t this a wonderful list of accomplishments and credits? (And I am sure we missed some.) We are very blessed to have Frances and to receive from her so much of her time and energy. Thank you, Frances and CONGRATULATIONS. May 2009 be another exciting year of successes!

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Jeff and Katie Sanchez survived their first New York winter!!

They arrived from Texas a little more than a year ago for their Jlife Ministry and they took the part time position of PUMC's Youth Director last Summer. We are blessed to have this husband and wife team ( a “two for one”) to lead our youth ministry. Jeff and Katie have dedicated their lives to sharing Christ with youth and training up leaders for youth ministry. Their love for Christ and passion for building relationships with the youth that enter our church, so that they too can see Christ, are obvious. They not only take part with the youth on Sundays, but also at TGIF's, retreats, mission trips, and connecting with them at times during the week via, phone, visits, and the computer. They bring a heart and youthful energy to our Youth Ministry. Take time to say hello and thank you (in person or in writing) to them for the blessing they are and the work they do to help our Youth Ministry thrive and grow!

May God bless Jeff and Katie in all they do!

## Love, INC.

Mid-Hudson Love In the Name of Christ (Love INC) is busy meeting the needs of those in the community. We've had lots of requests for furniture, household goods, personal care products, etc. and are trying to get those out to people. We don't have storage room so unfortunately we can't take all of your "goodies" but call us and we'll try to match them up to someone who needs them. We could use some more available volunteers for Love INC from PUMC. We especially need Intake Phone Workers for the summer (M, W, or a F morning from 9-12:30). We could also use people with trucks to pick up and deliver furniture to clients. We do all of the work! You have all of the fun! We are looking for a team of PUMCers to be "on call" one week a month for this crucial furniture ministry. It doesn't take long but it really helps out people in need and brings smiles to faces all around. So, if you're strong, or if you have a truck, speak to Frances Thompson-Gee (462-2468; [FranTGee@aol.com](mailto:FranTGee@aol.com)) or your church liaison, Pam Terwilliger ([p\\_terwilliger@hotmail.com](mailto:p_terwilliger@hotmail.com)),

If you know of someone in need, have them call Love INC at 471-0102. They can leave a message and someone will get back to them quickly.



Vacation Bible School-  
CROCADILE DOCK  
July 13 - 17, 2009

Contact Marcy Conners  
(452-2933) to sign up or

for more information.

## Seeds of Strength How's it Growing?!?

At the beginning of April, the PUMC Finance committee kicked off the Seeds of Strength program, a 6-month fundraising effort designed to build up a \$30,000 cash reserve by celebrating the many blessings that God brings to our lives. **As of mid-May, the program has passed the \$10,000 mark!** To track our progress, a beautiful flower garden has burst into bloom on the glass doors of Fellowship Hall. Not only does this garden have flowers, but there is a birdbath, a butterfly, and a birdhouse, not to mention a lamppost which is crying for a clematis to twine its way around it! As the cash reserve continues to grow, so will our garden!

To make a contribution to the Seeds of Strength program, look for a special "Seed Envelope" in your pew, in the narthex, or in Fellowship Hall. If you have a story behind your donation, please feel free to share it with us -- we would love to celebrate your blessing with you! And don't forget to check out our display boards in the narthex and Fellowship Hall so you can read and enjoy the many joys and blessings that other church members are celebrating.

The month of June means Father's Day, Graduations, Weddings, and Anniversaries. Therefore, our theme for this month is "Celebrating Life's Special Moments". Of course this theme is just a suggestion -- we will continue to gratefully accept contributions for any reason or no reason at all! If you have any questions, please speak to Curtis Vinson or Patty Little.



## Notes on Praise

David's prayer, as recorded in 1 Chronicles 29:10-13:

*David praised the LORD in the presence of the whole assembly, saying, "Praise be to you, O LORD, God of our father Israel, from everlasting to everlasting. Yours, O LORD, is the greatness and the power and the glory and the majesty and the splendor, for everything in heaven and earth is yours. Yours, O LORD, is the kingdom; you are exalted as head over all. Wealth and honor come from you; you are the ruler of all things. In your hands are strength and power to exalt and give strength to all. Now, our God, we give you thanks, and praise your glorious name.*

New International Version (NIV)  
Copyright © 1973, 1978, 1984 by International Bible Society

Praise is a deliberate focusing of our thoughts on things we have to thank God for. Praise keeps us focused on God. There are so many ideas, beliefs, attitudes, and circumstances that distract us moment by moment. We can so easily lose our perspective, and our confidence, and see ourselves as the only great sufficiency, or insufficiency, to depend on, instead of our great LORD, who is exalted as head over all – who has all power and strength in his hands. When we fill our hearts, minds and lips with praise for our God, he fills us with his strength, grace, peace, wisdom, guidance and confidence. We are no longer tossed about, but find ourselves on his straight path for us, the path on which faith in his ability and sufficiency will keep us.

Since I had cancer in 2003, I must follow up each year with certain tests. These

tests produce great anxiety in me, and I'm beginning to see that they are really a tool of God to help me focus more on praising him for the healing that he has brought to my life, and the way that he has ALWAYS guided me through EVERY challenge along the way. Praise makes me focus on him, not me, and as I focus on him, he literally encourages me with his strength while I wait for test results, or deal with the unexpected health issues that the tests have discovered. My praise for him is the indicator to me that I am learning to put my trust in his ability to watch over me. My thanksgiving reminds me of his CONSTANT goodness to me in every circumstance through which he has brought me. I suppose the hardest lesson of my life has been to take my life out of my own hands and give it to the Lord...it is a process; I have not arrived fully at the goal. Praise and thanksgiving help me to shift my focus to the One who has power over all things and who always knows what is best for me.

Midweek rehearsals for VIP are now suspended for the summer, but we still welcome new singers who can stay reasonably on key, as well as instrumentalists with talent to share. We meet Sunday mornings before service to rehearse.

Joyful Ringers will be restarting in the fall and will be happy to receive new members, who come with experience, or a desire to learn.

Please contact Anne at (845) 462-5582, or by email at [bobeepbeep@hotmail.com](mailto:bobeepbeep@hotmail.com) for information about any of these ministries.

Learning how to praise him in all things...

Anne Ciraulo  
Worship/Music Leader  
Handbell Director



HEALING PRAYER  
CORNER  
JUNE 2009

Healing Prayer is available the First Sunday of the Month just after Holy Communion at both services. We try to have one team in the front of the sanctuary, one team in the back of the sanctuary and one team in a private setting in the Nursery School Room near the church office (there's a sign on the door). That team stays after the services for a short time. Please come! Check the Sunday bulletin for other up and coming prayer times. As always, a team is just waiting for you to call the Church Office or Coordinator Frances Thompson-Gee (462-2468, FranT-Gee@aol.com) to set up an appointment for prayer. You won't be "bothering" us. We LOVE to pray and want to be "bothered" so come! Don't forget: There is now a Email Healing Prayer address. Send your prayer requests to [healing-prayer@pokumc.org](mailto:healing-prayer@pokumc.org) and they will be prayed for. ALL prayers, in all settings, are kept strictly confidential.

This month we hear from Frances Thompson-Gee about her experience serving on the Healing Prayer Team:

The older I get the more I pray and the more I NEED to pray with everything that is going on in our personal lives, children's

lives and our church life. Maybe that's true for you, too. I have always believed in the power of Healing Prayer and felt very led to start a Healing Prayer Ministry at our church after hearing about it when I was going through the United Methodist Lay Speaker Training Course a few years ago. I have seen God answer very specific prayers in my own life and in the lives of others my entire lifetime. I remember one time when Alicia was quite small that she fell and seemed to have hurt her arm. We called the doctor and were trying to figure out what to do and the doctor recommended going to the ER. We didn't feel great about subjecting her to tests and trauma. As we prepared to go to the hospital, we stopped, laid hands on Alicia and prayed that her arm would be healed and that she would start using it again. She immediately started to use her arm and hand again and was all smiles! We didn't need to go to the hospital. We give God the glory for that healing and many, many other healings we have seen through the years. I feel personally blessed every time I get to pray with someone (so bless me by asking for prayer!). God IS answering prayers through the Healing Prayer Team at PUMC. Some we know about. Some we don't. If you have a testimony of how God has brought healing to you or a loved one, be it small or large, share it! You'll then boost the faith of all of us!

The last day of Sunday School is June 14. During the summer months we will be offering child care for children through second grade at the 10:45 service.

Is someone you know (or you) graduating from College or High School? Then take the time to let us know! Please include the persons name where they are graduating from, and what their future plans are.



### **Budget Results**

We are at the end of the most financially strenuous portion of the year for PUMC when winter expenses historically exceed our receipts and contributions. The budget results covering the period January 1<sup>st</sup>, 2009 to April 30<sup>th</sup>, 2009 were very encouraging. We ended April with over \$35,000 in available cash. To achieve this positive balance, as we have had to do for the past few years during the first half of the year, some payments were purposely held in abeyance for debt obligations that carry no financial penalty for delay. This action, during the first half of the year, helps to ensure that sufficient cash is on hand to cover other bills, such as the PUMC payroll. This year, the budget was helped further by..

- some congregants paying a portion of their annual planned contributions ahead of their normal schedule.
- some pledgers increasing their pledge amount
- a \$5000 loan from the PUMC trustees
- The Community Nursery School's voluntary pre-payment of their full 2009 obligation to PUMC.

With the first half of the year expenses now diminishing, the outlook is that debt payments previously held in abeyance will be resumed in the next few weeks. This includes the \$5000 trustee loan. It is noteworthy of our current positive financial position that, while the trustee loan was transferred to our budget ac-

count, there was no need to expend any of the loan.

### **Vanco-EBT (Electronic Benefit Transfer)**

For those congregants whose banks do not already offer an EBT service, Joe Olah has investigated an opportunity to provide an electronic donations service for the PUMC congregants through Vanco Services. This is an opportunity to help stabilize the PUMC budget by smoothing the rate of contributions during the year. Our vacations and absences do result in contribution reductions during our absences. The Vanco-EBT service is an automatic transfer program which allows you to make contributions without writing checks. Once authorized, your specified contribution is electronically transferred directly from your checking or savings account to the church's account. The transfer is made at pre-established times that you define and your bank statement will include an itemized list of the electronic transfers. There is no charge to you for this service.

A link will be available on the PUMC website (<http://www.pokumc.org/index.html>) which will provide a sign-up opportunity for this service. As an alternative, hardcopy authorization forms are available immediately from the PUMC office.

### **Stock Transfers to PUMC**

If you are contemplating transferring stock to PUMC and need to understand the necessary steps, contact Will Cass at 845 559-0210 or email Will at [will.a.cass@ampf.com](mailto:will.a.cass@ampf.com).

Thank you for your prayerful consideration and strong financial support of PUMC.

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### **Biloxi Bound!**

For the fourth year in a row, PUMC is lending a hand to the Hurricane Katrina recovery effort which is ongoing along the Gulf Coast. We are sponsoring a 9-person team which will be working on homes in Biloxi the week of June 1st. The team consists of 7 veterans: Patty Little from PUMC; Carl Hempel, Emily Hempel, Martha Hempel, Josiah Patton, James Williams, and Eric Schnackberg, all from Canaan Fellowship in Tivoli; and 2 new faces: Anne Polivka (who of course has PUMC connections!) and Alfred Alo from Clinton Avenue UMC in Kingston. Please keep our team and the people that they will be serving in your prayers.

Hi everybody, it's Timothy,

Why is the sky blue? Why is grass green? Why do people fight? Why does the wind blow? Why do some people care what color you are? Why don't vegetables taste good like chocolate? Why does the sun shine only during the day? Why do birds fly? Why can't we see God? How does the organ in church work? What is electricity?

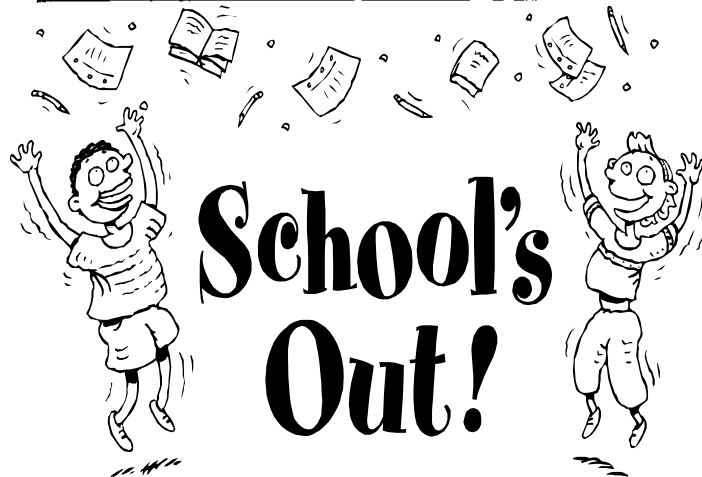
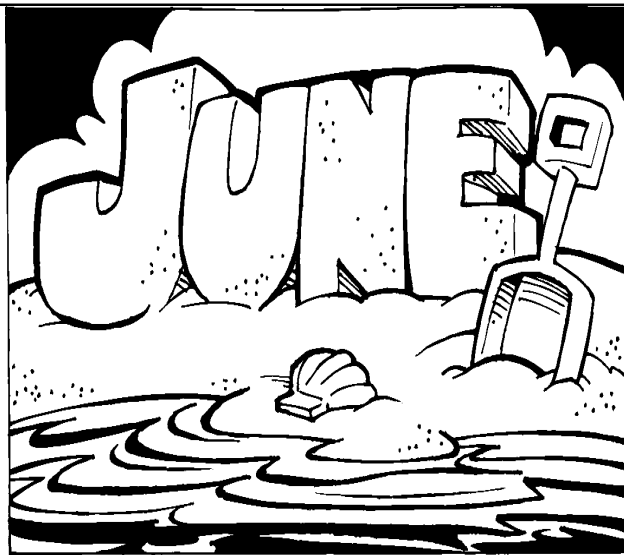
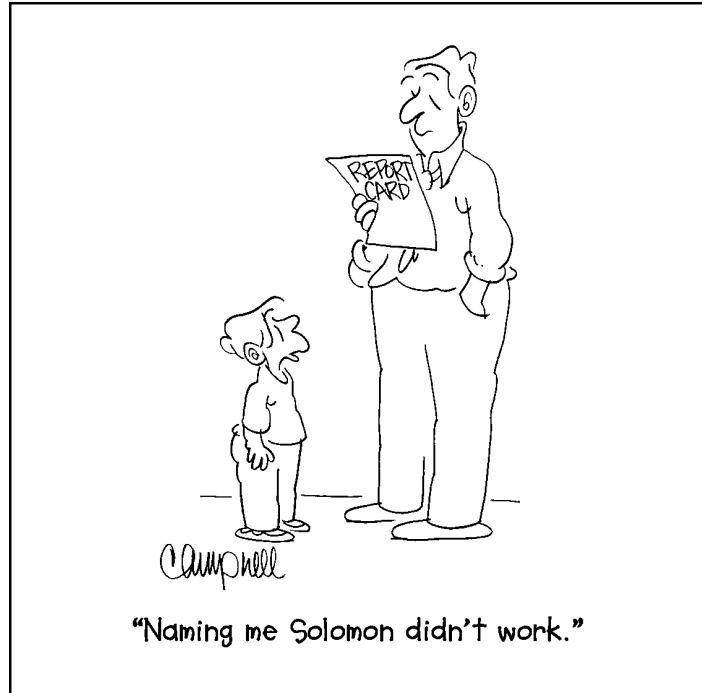
As you can see I started to write down some of the questions I have about life and stuff. When I did I realized just how many questions I have. So I went to Pastor Bob. He said it is very normal to have questions! This surprised me. He told me that it is by asking questions that we understand things better. He said that when he reads the Bible he asks a lot of questions about what things mean and then tries to figure them out.

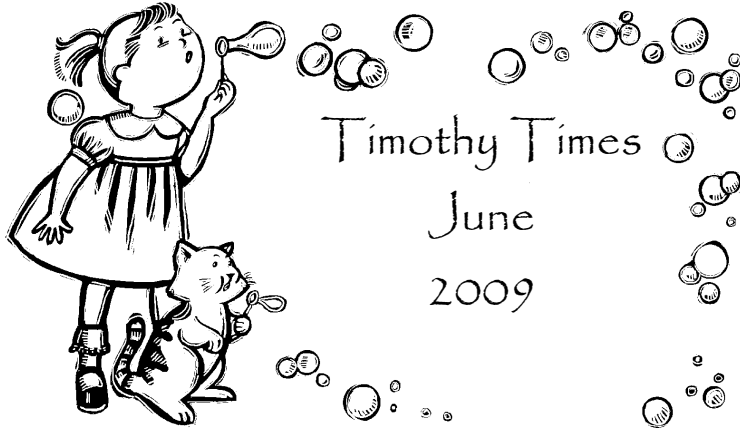
I asked him if it was ok if I asked him some of my questions. When he said yes I got thinking about all my friends out there and all of their questions. So I asked him if it was ok if they asked him questions too. He had an idea. He would like all of us boys and girls and me, Timothy, to ask him our questions. This summer during the Children's Sermons he will then take one question each week and try to answer it.

I thought that was a good idea! I hope you do too. Put your questions in an envelope and mark it for Pastor Bob and drop it at the church office any time this summer.

And remember  
God loves you and so do I,  
Love  
Timothy

P.S. No parents or other adults can submit questions. Just the kids. You adults are on your own!





Timothy Times

June

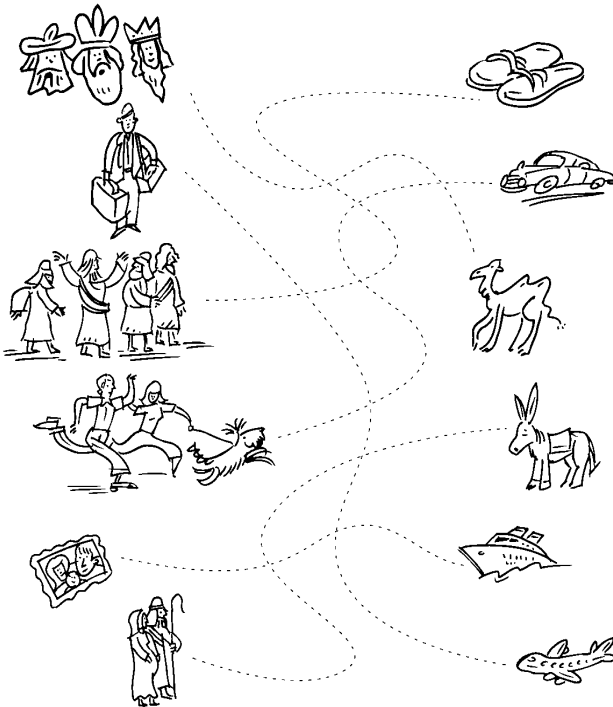
2009



## TRAVEL

During the summer many families like to travel. Modern day travel is much easier than it was during Bible times.

**Directions:** Follow the maze lines. Match people of today with modern ways of travel and Bible characters to ways of travel long ago.



Will your family use any of these ways to travel this summer?

## Fun in God's World!

Jesus spent a lot of time outdoors and also on the water. Here's a cool thing you can make to enjoy the things underwater in God's world.

### Build an Underwater Viewer

*You will need:*

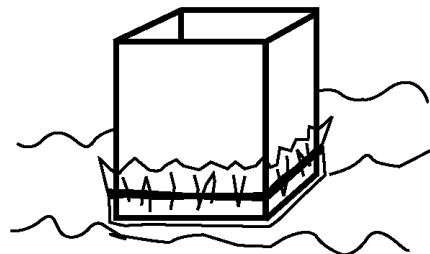
- 1/2 gallon cardboard milk carton
- clear plastic wrap
- scissors
- large rubber band or heavy tape

*How to make it:*

- Rinse out the milk carton.
- Cut the top and bottom from the milk carton. (You may need help from an adult.)
- Stretch the plastic wrap over one of the carton's open ends.
- Secure the plastic wrap with the rubber band or tape.

*How to use it:*

Lower the plastic-covered end of your viewer into the water. Look into the open end of the viewer. Look underwater to see what surprises are there!



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Phone Number: 845-452-2933

E-mail Address: [office@pokumc.org](mailto:office@pokumc.org)

Newsletter E-Mail Address: [trinarosem@aol.com](mailto:trinarosem@aol.com)

Web site Address: [www.pokumc.org](http://www.pokumc.org)

Robert Thompson-Gee, Pastor

Martha Morrison, Pastor of Visitation

Jeff and Katie Sanchez, Directors of Youth

Marcy Conners, Director of Children's Ministry

Polly James, Music Director, Organist

Anne Ciraulo, Worship-Music Leader

Karyn Millham, Editor, Newsletter