

## ***Our Staff is Here to Help You***

Minister..... Every Participant in the Life of the Church  
Senior Pastor ..... Rev. Peggy E. Fabrizio  
Pastor of Visitation ..... Rev. Martha Morrison  
Director, Children’s Ministry ..... Marcy Conners  
Director, Youth Ministry ..... John Marrine  
Traditional Music Director and Organist ..... Polly James  
Contemporary Praise Director ..... Anne Ciraulo  
Secretary ..... Louise Dalton, Karyn Millham  
Editor, Newsletter ..... Joseph Norman  
Bookkeeper ..... Joseph Norman/Matt Regan  
Financial Secretary ..... Steve Allen  
Treasurer ..... Tony Hagin  
Director, Community Nursery School.....Diana Collello  
Director, Harriet Tubman Academic Skills .....Megan Joslin

***The Harriet Tubman Academic Skills Center-*** Thank you for your continued support. We still need: Medium Size Scissors (Ages 12+, Grades 4-6), paint brushes (for Arts and Crafts Projects), Disinfectant Wipes / Clorox Wipes, Tissues, Hand Sanitizer, Office Supplies, 3-Hole Punch (2), Scotch Tape Refills, Packing Tape, Duck Tape, Kitchen Supplies, Plastic Cups, Paper Plates, Paper Towels, Snack Bags, Quart Freezer Bags with Sliders, Gallon Bags with Sliders Any donations are appreciated and will be put to good use. Thank you again for supporting us.

***Your Worship Committee has heard your request*** for a way to have electronic gifts blessed, along with the weekly offerings that are placed in the collection plate. We will be presenting “tokens” for those who give electronically, and wish to have their offerings included along with all other token offerings (e.g., checks and currency) in the collection plate. There will be a basket in the narthex where you may pick up a token to be placed in the collection plate. These will be re-circulated by the counters each week. The tokens will be made available the first Sunday in September. Someone from the Worship Committee will explain their use the first few Sundays they become available. We pray this is an acceptable answer to your request.

***Welcome to Poughkeepsie United Methodist Church.*** We are delighted to have you worship with us today! Please join us in Fellowship Hall after worship for coffee. If you are new to us feel free to take one of the brochures in the pews and see other information that is available on the literature racks in the sanctuary entrance of the church and across from Fellowship Hall.

***We want to be your family of faith.*** We hope that you feel at home in our church family, and we encourage those interested in membership to mark the Attendance Sheets “Wish to Join.” If you wish to learn more about our congregation, please write “more info.”

***Please sign the Attendance Sheet*** found on the inside of the center aisle pews each Sunday, and pass it to your neighbor.

***The Healing Prayer Team is offering Soaking Prayer*** between services between 9:45 and 10:30 am, in the Lounge during July and August. Come and be blessed!

***Individual Prayer Appointments*** – The Healing Prayer Team is always ready to meet with you for prayer. Call the Church Office to request an appointment and a team will be happy to meet and pray with you.

***Would you like to be part of a small group of spiritual seekers*** with whom you can share questions of faith? We would like to offer the program, Companions in Christ at PUMC this year. See Chris Garrett or Steve Allen at coffee hour for more information.

***Confirmation Classes*** - a letter was sent to seventh and eighth graders about the confirmation classes starting on September 13; if your son or daughter did not receive a letter and would like to take part, please contact the church office or speak to Pam Terwilliger.

***Friendship Circle*** will meet Wednesday, September 16 at 7 pm in Room 24. The program will be “Sharing”–Time for more “Friendship”, and we will decide our programs for the year. Please bring a program idea and a favorite easy dinner recipe to share. A business meeting and refreshments will follow. For information call Circle president Carla Vinson at (845)849-1706.

## ***Upcoming Youth Events***

|     |         |                    |   |
|-----|---------|--------------------|---|
| Fri | Sep 11  | 7pm-9pm            | Young Adult Group                                 |
| Sun | Sep 13  | 12:30pm-3pm        | Youth Kick-off Picnic                             |
| Fri | Sep 18  | 7pm-9pm<br>7pm-9pm | TGIF - Mini-Golf & Ice Cream<br>Young Adult Group |
| Sun | Sept 20 | 6pm-8pm            | Youth Fellowship                                  |

***Youth Kick-off Picnic*** - The Youth Group will kick-off the year with our Youth Kick-off Picnic on Sept 13th. This is a great way to fellowship and learn what is planned for the upcoming year. All 6th-12th graders and families are invited. Please sign up on the youth bulletin board if you plan to attend and if you can provide a food item to share, it would be appreciated. Hope to see YOU there!

***College Students*** - We would like to stay in touch with our college students throughout the year to support them and would like to start in September. Please let John Marrine (471-6492) or the church office (452-2933) know of your child's college address and we'll make sure to include them in future mailings.

***New Young Adult Group*** - We have started a Young Adult Group for graduating seniors, college students both in and out of town, and anyone else 18-29 who is interested. The group is meeting each Friday 7pm-9pm but due to events, days/times may fluctuate so please contact Bridget Marrine ([845-380-4350](tel:845-380-4350)) for information/questions so you can get on the distribution and stay informed.

***Our Bereavement Support Group will resume meeting*** on the first Sunday of each month, right after the second service in Room 11, downstairs in the Counseling Center. Upcoming dates: September 6 - Becoming Acquainted with Grief; October 4 - Moving with Grief; November 1 - Coping with the Holidays; December 6 - Supporting Others On the Journey.

We share in an atmosphere of prayer, trust and complete confidentiality. We respect each one's time and the formal session will end after one hour, although some of the group may wish to continue the discussion.

Pat Kelly MA, CT, GC-C

## **Upcoming Adult Studies for fall, starting September 13 at 9:45 am:**

**Returning to the theme of "Life Lessons" from the Bible** this fall, we will be focusing on the Gospel of John. Beginning on September 13, we will journey through Life Lessons with Max Lucado – The Gospel of John, which includes twelve lessons filled with intriguing questions, inspirational storytelling, profound reflections, and space for journaling. Max Lucado is the author of multiple best-selling books of the Christian faith, and is America's Leading Inspirational Author. Contact Bob or Anne Ciraulo at 845-462-5582 or [bobeepbeep@hotmail.com](mailto:bobeepbeep@hotmail.com) by Monday September 7, if interested, so we could order enough study books.

**"God's Power to Change Your Life,"** by Rick Warren- "We all have areas in our lives we'd like to change...and it's not as if we haven't tried! How many resolutions have you made with genuine intentions, only to revert back to some self-defeating habit or pattern after your initial enthusiasm has worn off?" Through the truth of God's Word and the power of his Spirit, your life can change for the better in ways you never thought possible. In *God's Power to Change Your Life*, Rick Warren lays the groundwork of personal transformation, then offers biblical insight and simple steps for ten areas of growth that can take you from where you are to where you want to be." (Christianbook.com) Join Frank Kolarik for this exciting study!

**"Seeing Grey in a World of Black and White,"** by Adam Hamilton "Everyone agrees that America is polarized, with ever-hardening positions held by people less and less willing to listen to one another." Adam Hamilton, an acclaimed United Methodist pastor, discusses "how thinking persons of faith can model for the rest of the country a richer, more thoughtful conversation on the political, moral, and religious issues that divide us." PUMC's Faith in Action team, led by Pastor Martha Morrison and County Legislator Dale Borchert, have been working for the past year on building a dialogue to move beyond the polarization of politics to a faith-based consensus on the common good.

This is a five-week video series. Each video is 15-20 minutes followed with discussion. Please feel free to come to as many sessions as you can, but these discussions can stand alone, so please come even if you can't make them all! We hope to have a variety of political perspectives present. Please join Jenny Arden on Sunday mornings September 13th through October 11th during Sunday School time (9:45-10:30am).

## Opportunities for You This Week

### SUNDAY, September 6, 2015

#### Communion and Healing Prayer

|          |   |
|----------|---|
| 8:30 am  | Contemporary Service                            |
| 9:30     | Fellowship Time                                 |
| 10:45    | Traditional Service                             |
|          | Sunday School – 3 years – 6 <sup>th</sup> Grade |
| 11:45    | Fellowship Time                                 |
| 12:15 pm | Bereavement Group                               |
| 2:00     | Parkside Alcoholics Anonymous                   |

### MONDAY, September 7, 2015

#### Labor Day – Office

|         |                    |
|---------|--------------------|
| 7:00 pm | Gamblers Anonymous |
|---------|--------------------|

### TUESDAY, September 8, 2015

|         |                                      |
|---------|--------------------------------------|
| 9:00 am | Men's Bible Study                    |
| 10:00   | Strength and Balance                 |
| 5:30    | Primary Purpose Alcoholics Anonymous |
| 6:00 pm | Christian Education Commission       |
| 7:00    | Staff/Parish Relations Committee     |

### WEDNESDAY, September 9, 2015

|         |                       |
|---------|-----------------------|
| 7:30 am | Prayers and Communion |
|---------|-----------------------|

### THURSDAY, September 10, 2015

|          |                                      |
|----------|--------------------------------------|
| 10:00 am | Strength and Balance                 |
| 11:00    | Pastor's Bible Study                 |
| 12:00 pm | Primary Election                     |
| 3:00     | Collate Bulletins                    |
|          | Primary Purpose Alcoholics Anonymous |
| 7:00     | Chancel Choir                        |
|          | Gamblers Anonymous                   |

### FRIDAY, September 11, 2015

|         |                     |
|---------|---------------------|
| 7:00 pm | Young Adult Group   |
|         | Narcotics Anonymous |

### SATURDAY, September 12, 2015

|         |                  |
|---------|------------------|
| 8:00 am | Highway Clean-up |
|---------|------------------|

### SUNDAY, September 13, 2015

|          |  |
|----------|--|
| 8:30 am  | Contemporary Service   |
| 9:30     | Fellowship Time  |
| 9:45     | Sunday School – 3 years–12 <sup>th</sup> grade and Adult Studies |
| 10:15    | Sunday School Kick-Off Event                                     |
| 10:45    | Traditional Service  |
|          | Sunday School – 3 years – 6 <sup>th</sup> Grade                  |
| 11:45    | Fellowship Time  |
| 12:00 pm | Healing Prayer Meeting   |
| 12:30    | Youth Kick-off Picnic  |
| 2:00     | Parkside Alcoholics Anonymous                                    |

**There is a women's book club** which meets the first Sunday of each month in the church lounge. We will resume meeting October 4, at 6 pm. Our selected book is "Ghostbread" by Sonja Livingston. This is a true story written by Sonja who "was one of seven children brought up in poverty by a single mother"...in western New York..."what it means to hunger and showing that poverty can strengthen the spirit just as surely as it can grind it down". Newcomers welcome.

**Women of the Word**-is offering a 6 week book study, starting Saturday, September 26 at 9 am, (till 10:30am) we will be reading the book *Simply Tuesday* by Emily P. Freeman.

Is your soul being held hostage by hustle? If you've grown weary of *do more* and *dream bigger*, small-moment living is just what you need. Real life happens in the small moments we find on the most ordinary day of the week. Tuesday holds secrets we can't see in a hurry--secrets not just for our schedules but for our soul. Learn how to: embrace today's work, find contentment in the now, replace competition with connection and learn to breathe in a breathless world. There will be a sign up table in Fellowship Hall starting today or you can contact Patricia Owen at 473-3142 or [powen789@aol.com](mailto:powen789@aol.com). Cost of the book is about \$10.00.

**Wesley Circle** will meet Wednesday, September 23 at 1 pm in Room 24. Our speaker will be Pastor Peggy and this is an invitation to all church women to come and spend time in conversation with our new pastor. A business meeting and refreshments will follow.

**September 13, 2015 - 10:15 am – 12:00 pm**

**Help us start the year off right!**

**Join us at 10:15 AM for some fun family activities outside on the lawn. Then at 10:45 your family will enjoy the beginning of the church service together. After Children's Moments your children will leave to experience an amped up Sunday School outside.**

**The Youth Group is collecting non-perishable, not opened, new food for Dutchess Outreach.** This is an ongoing food collection. Please place the food in one of the bins, either in Fellowship Hall or the Narthex and Laurel Hicks will see that it gets delivered.

**The PUMC Finance Committee would like to direct you to the narthex to pick up and review an important summary** communication regarding the committee's work since early last year's discovery of funds misallocations. Much has been done to close earlier issues with timely and accurate record keeping and instituting new financial oversight controls. Please take a few minutes to review the summary. Questions may be directed to any member of the committee.

The finance committee would like to thank you for your patience as we worked through the issues over the last year.

**Sign up for Coffee Hour clean-up** after the 10:45 service during September. There is a sign-up sheet next to the coffee in Fellowship Hall.

**Save the Date** - The 7th Annual Mid-Hudson Love INC. **SCRABBLE TOURNAMENT** will be held on Thursday, October 8, 6:30-9:30 pm at the Hellenic Community Club, 54 Park Ave, Poughkeepsie. Please see the informational poster on the Mission/Outreach bulletin board by the rest rooms or contact Patricia Owen, church liaison at 473-3142, [powen789@aol.com](mailto:powen789@aol.com).

**Highway Cleanup** – Saturday, September 12-meet in the church parking lot at 8 am. Older youth and adults are welcome, come wearing heavy full length work clothes including shoes and work gloves. Safety vests and hats along with collection equipment and bags are provided. No experience needed. If you have questions call Hank Eichenhofer 473-2198 or the church office 452-2933.