

Our Staff is Here to Help You

Minister.....	Every Participant in the Life of the Church
Senior Pastor	Rev. Peggy E. Fabrizio
Pastor of Visitation	Rev. Martha Morrison
Director, Children's Ministry	Marcy Conners
Director, Youth Ministry	John Marrine
Traditional Music Director and Organist	Polly James
Contemporary Praise Director	Anne Ciraulo
Secretary	Louise Dalton, Karyn Millham
Editor, Newsletter.....	Joseph Norman
Bookkeeper	Matt Regan
Financial Secretary	Steve Allen
Treasurer	Tony Hagin
Director, Community Nursery School.....	Diana Collelo
Director, Harriet Tubman Academic Skills	Megan Joslin

Joyful Ringers needs ringers! **Meet the Handbells in Fellowship Hall TODAY after the services. Try them out!** If you can count to 4 and know the colors blue and red-YOU CAN RING. NEW beginning will be Tuesday, October 6th at 6:30.

Reminder, the deadline for submitting announcements for the bulletin is Tuesday afternoon. Any announcements after that will only be added if they fit. Announcements will be printed for in-house groups no more than 3 weeks, and for outside groups 2 weeks. Announcements for upcoming events 3-4 weeks in the future should be sent to Joseph Norman for the Journey.

Fliers for upcoming events for outside groups should be delivered to the office prior to posting for Pastor's approval. Fliers for outside functions will not be posted on the entrance doors.

PUMC's Church Charge Conference is scheduled for Sunday, October 18. All church members are welcome and have voting privileges. There will be an election of Trustees for the Class of 2018. There is only **one** worship service on Oct.18th which will start at 9:30 a.m. District Superintendent Betsy Ott will preach. The Charge/Church Conference will follow the service.

Welcome to Poughkeepsie United Methodist Church. We are delighted to have you worship with us today! Please join us in Fellowship Hall after worship for coffee. If you are new to us feel free to take one of the brochures in the pews and see other information that is available on the literature racks in the sanctuary entrance of the church and across from Fellowship Hall.

We want to be your family of faith. We hope that you feel at home in our church family, and we encourage those interested in membership to mark the Attendance Sheets "Wish to Join." If you wish to learn more about our congregation, please write "more info."

Please sign the Attendance Sheet found on the inside of the center aisle pews each Sunday, and pass it to your neighbor.

Would you like to be part of a small group of spiritual seekers with whom you can share questions of faith? We would like to offer the program, **Companions in Christ** at PUMC this year. See Chris Garrett or Steve Allen at coffee hour for more information.

The 40th Crop Walk for hunger will take place on Sunday, October 18, 2015. If you would like to sign up to walk or to donate to help with the relief of worldwide hunger, a table will be set up in the fellowship hall during both coffee hours, Sundays through October 18th. Or you may contact Laurie Wilson at 845-849-2615.

Thanksgiving baskets - Coming soon! More information and sign-ups for volunteering with phone calls, donations and distribution of Thanksgiving Baskets.

Pastor Marty Farewell - Pastor Marty, our Pastor of Visitation, is retiring after more than 12 years of faithful service at PUMC. There will be a special time in our services on October 11th to acknowledge her wonderful ministry. We are collecting a donation to the Southern Poverty Law Center (SPLC), an organization that dedicated to fighting hate and bigotry and to seeking justice for the most vulnerable members of our society and one that Pastor Marty has long supported. Please help us honor her ministry by contributing to SPLC and joining us on October 11th during service and afterwards for cake and fellowship!

Upcoming Youth Events

Fri-Sun	Oct 2-4	7pm-10am	Sr. High Retreat - Bowdoin Park
Sun	Oct 4	6pm-8pm	Youth Fellowship - Jr. High
Fri-Sun	Oct 9-11	5pm-2pm	Jr. High Retreat - Lake Champion
Sun	Oct 11	6pm-8pm	Youth Fellowship - Sr. High
Fri	Oct 16	7pm-9pm	TGIF - Bowling

College Students - We would like to stay in touch with our college students throughout the year to support them. Please let John Marrine (471-6492) or the church office (452-2933) know of your child's college address and we'll make sure to include them in future mailings.

New Young Adult Group - We have started a Young Adult Group for graduating seniors, college students both in and out of town, and anyone else 18-29 who is interested. The group is meeting each Friday 7pm-9pm but due to events, days/times may fluctuate so please contact Bridget Marrine ([845-380-4350](tel:845-380-4350)) for information/questions so you can get on the distribution and stay informed.

Our Bereavement Support Group will resume meeting on the first Sunday of each month, right after the second service in Room 11, downstairs in the Counseling Center. Upcoming dates: October 4 - Moving with Grief; November 1 - Coping with the Holidays; December 6 - Supporting Others On the Journey. We share in an atmosphere of prayer, trust and complete confidentiality. We respect each one's time and the formal session will end after one hour, although some of the group may wish to continue the discussion.
Pat Kelly MA, CT, GC-C

Defensive Driving Course, Saturday October 31, at PUMC in Fellowship Hall. 10 am–4 pm. The Fee is \$40.00. Participants can get a 10% Insurance and up to 4 Point Reduction. Bring a bag lunch. To enroll call the church office at 452-2933. A portion of the proceeds will be donated to the church.

Sunday Morning Adult Studies:

Returning to the theme of "Life Lessons" from the Bible we will focus on the Gospel of John. Will journey through Life Lessons with Max Lucado – The Gospel of John, which includes twelve lessons filled with intriguing questions, inspirational storytelling, profound reflections, and space for journaling. Contact Bob or Anne Ciraulo at 845-462-5582 or bobeepbeep@hotmail.com. Room 32

"God's Power to Change Your Life," by Rick Warren- "We all have areas in our lives we'd like to change...and it's not as if we haven't tried. Rick Warren lays the groundwork of personal transformation, then offers biblical insight and simple steps for ten areas of growth that can take you from where you are to where you want to be."(Christianbook.com) Join Frank Kolarik-Room 35

"Seeing Grey in a World of Black and White," by Adam Hamilton " Adam Hamilton discusses "how thinking persons of faith can model for the rest of the country a richer, more thoughtful conversation on the political, moral, and religious issues that divide us." We hope to have a variety of political perspectives present. Jenny Arden. Room 24

Women of the Word- 6 week book study, Saturday mornings, at 9 am, we are reading the book *Simply Tuesday* by Emily P. Freeman. Is your soul being held hostage by hustle? If you've grown weary of *do more* and *dream bigger*, small-moment living is just what you need. Contact Patricia Owen at 473-3142 or powen789@aol.com. Cost of the book is about \$10.00.

The women's book club meets the first Sunday of each month in the church lounge. The next meeting is October 4, **TODAY** at 6 pm. Our selected book is "Ghostbread" by Sonja Livingston. This is a true story written by Sonja who "was one of seven children brought up in poverty by a single mother. Newcomers welcome.

Save the Date - The 7th Annual Mid-Hudson Love INC. **SCRABBLE TOURNAMENT** will be held on Thursday, October 8, 6:30-9:30 pm at the Hellenic Community Club, 54 Park Ave, Poughkeepsie. Please see the informational poster on the Mission/Outreach bulletin board by the rest rooms or contact Patricia Owen, church liaison at 473-3142, powen789@aol.com.

Opportunities for You This Week

SUNDAY, October 4, 2015

8:30 am Contemporary Service
 9:30 Fellowship Time
 Meet the Handbells
 9:45 Sunday School – 3 years–12th grade and Adult Studies
 10:00 Sr. High Youth return from retreat
 10:45 Traditional Service
 Sunday School – 3 years – 6th Grade
 11:45 Fellowship Time
 Meet the Handbells
 12:15 pm Bereavement Group
 2:00 Parkside Alcoholics Anonymous
 6:00 Jr. High Youth Fellowship
 6:30 WOW Book Club

MONDAY, October 5, 2015

7:00 pm Visitation Ministry
 Gamblers Anonymous

TUESDAY, October 6, 2015

9:00 am Men's Bible Study
 10:00 Strength and Balance
 1:30 pm Art Group
 5:30 Primary Purpose Alcoholics Anonymous
 6:30 Joyful Ringers
 7:00 Board of Trustees

WEDNESDAY, October 7, 2015

7:30 am Prayers and Communion
 7:00 pm Staff/PR
 Voices in Praise

THURSDAY, October 8, 2015

10:00 am Strength and Balance
 11:00 Pastor's Bible Study
 3:00 pm Collate Bulletins
 5:30 Primary Purpose Alcoholics Anonymous
 7:00 Chancel Choir
 Gamblers Anonymous

FRIDAY, October 9, 2015

7:00 pm Young Adult Group
 Narcotics Anonymous

SATURDAY, October 10, 2015

8:30 am Men's Breakfast
 9:00 WOW Bible Study

SUNDAY, October 11, 2015

8:30 am Contemporary Service
 9:30 Fellowship Time
 9:45 Sunday School – 3 years–12th grade and Adult Studies
 10:45 Traditional Service
 Sunday School – 3 years – 6th Grade
 11:45 Fellowship Time
 12:00 pm Healing Prayer Meeting
 2:00 Parkside Alcoholics Anonymous
 6:00 High Youth Fellowship

LOVE INC. - Discover Your Ministry Fit Mid-Hudson Love In the Name Of Christ will have a general introduction for potential volunteers to this vital and important ministry. If you are interested, please attend the one hour meeting on Tuesday, Sept. 29, 7 to 8pm at New Beginnings Church, 35 DeGarmo Rd, Poughkeepsie, or contact Patricia Owen, church liaison, 473-3142, powen789@aol.com. Come hear how lives are being impacted IN THE NAME OF CHRIST!

Homeless Shelter Meals: Volunteers are needed to prepare and/or serve the meal for November and December at the Dutchess County Coalition for the Homeless Overnight Shelter. There is a sign-up sheet on the Missions bulletin board near the restrooms. Receipts can be submitted for reimbursement of food costs. Contact Laurie/Larry Wilson or the Church Office for more information.

Individual Prayer Appointments – The Healing Prayer Team is always ready to meet with you for prayer. Simply call the church office to request an appointment and a team will be happy to meet and pray with you.